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## DERMATOLOGY CONSULTANTS of SOUTH FLORIDA, P.A.

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### **INSTRUCTIONS** for Post-Operative Dermatologic Surgery (B1)

1. **Remove the Band-Aid** the day after surgery.
2. Wash gently twice daily with soap and water. Pat dry.
3. Apply Vaseline (Petrolatum) with a Q-tip applicator.
4. Cover with a Band-Aid.
5. Continue this routine until the site is no longer oozing and a pink, smooth layer of new skin has formed over the surgical site. Healing usually takes 2-6 weeks (legs may take 6-8 weeks to heal).

### **ANSWERS TO COMMON QUESTIONS:**

- A. You may **shower** with a Band-Aid on the day after surgery. If stitches are present, place a piece of Saran wrap over the Band-Aid first, then shower. Change your Band-Aid after showering.
- B. Avoid **swimming** until the surgical site is healed.
- C. If surgical site is near the eye, **swelling** may occur. Use ice compresses for 10 minutes 4 times daily. If it lasts longer than 2 days or there is significant redness or heat in the swelling, call our office.
- D. It is normal for the surrounding area to become **red** and slightly **tender**. Call us if a **bright red** color develops around the outer part of wound exceeding one inch from the edge of the surgical site. Call us if the surgical site becomes very tender.
- E. **Oozing** is normal and may vary in color from pink to light red to a yellowish mucous color. Call us if **greenish pus** develops or if you have **fever**.
- F. **Pain medication.** You may take two extra-strength Tylenol every 4 hours if you have pain. DO NOT TAKE ASPIRIN, MOTRIN, OR ADVIL for 3 days. If pain is severe and stronger pain medication is needed, call our office.
- G. If you have any **bleeding**, apply strong pressure to the site NON-STOP for 15 to 30 minutes.
- H. If a rash develops, it is probably due to the Band-Aid. Try to rotate the Band-Aid.
- I. If you have any **questions:**

#### **CORAL SPRINGS:**

- ➡ \*Leave a message by dialing 752-2630, ext. 231. **Spell** your **full name** and state your **phone number**.  
A nurse will call you back the same day (if call is placed before 4:00 pm).  
\*If you have an **emergency**, dial 752-2630 and listen to instructions.

#### **SUNRISE:**

- ➡ \*Call 742-0306 from 9:00 am to 4:30 pm daily. If you have an **emergency**: call 742-0306 any time.

#### J. **BIOPSY RESULTS**

Our office will notify you within 14 days if there is further treatment needed. If you do not receive a call from our office within 2-1/2 weeks, assume that we have not received a report needing further treatment.

- ➡ **CORAL SPRINGS:** If you need to obtain your report, you can obtain it only by **leaving a message**. Call our lab information number: 752-2630, ext. 226. **Spell** your **full name** and state your **phone number**. You will receive a reply by the end of the next business day.

- ➡ **SUNRISE:** If you need to obtain your report, call 742-0306 and leave your name and phone number where you can be reached. You will receive a reply by the end of the next business day.