

Bayside Vein and Laser Center

Dr. Roy A. Taylor

3104 Squalicum Parkway Suite 103

Bellingham WA, 98225

360-676-1225 or 360-733-5817

Pre-Surgical/Procedure Instructions

Patient: _____ Procedure: _____

Scheduled Date: _____ Arrival time: _____

Special Instructions:

1. **Arrange with an adult relative or friend to drive you home** and someone at home with you or able to be reached to help you if needed for 24 hours
2. If you take Coumadin (Warfarin), Plavix, Asprin, Aleve, Naprosyn, Ibuprophen(Advil/Motrin) and other similar medications, please ask your doctor if/when you should stop taking them prior to the procedure.
3. **DO NOT EAT FOR 8 HOURS BEFORE PROCEDURE, CLEAR LIQUIDS CAN BE CONSUMED UNTIL 4 HOURS BEFORE PROCEDURE.**
4. You may take your usual prescription medications, except medications for diabetes, with a sip of water the morning of the procedure. **If you use an inhaler, even if only occasionally, please bring it with you.**
5. Shower the night before and the morning of your procedure. DO NOT USE CREAM OR LOTION ON YOUR LEGS.
6. If you want to shave your legs and/or bikini area, you will need to do so at least 2 days prior to the procedure. DO NOT SHAVE THE MORNING OF.
7. Wear loose and comfortable fitting clothing.
8. **Bring your thigh-high compression hose with you** on the date of your procedure. If you do not have thigh-high compression stockings, they can be purchased here. We do not bill insurance for stockings; if you think insurance may cover it, we can give you a prescription to Hoagland Pharmacy or Choices Home Health and they will bill your insurance.

This office goes to great lengths to pre-approve any procedure that is to be done, but it is the patient's responsibility to confirm authorization of the procedure, as well as surgical benefits, co-pays, deductibles, and any restrictions that may apply.

THERE WILL BE A \$100 CHARGE FOR RESCHEDULE OR CANCELLATION WITH LESS THAN 2 WEEKS NOTICE. THIS WILL NEED TO BE PAID BEFORE WE CAN RESCHEDULE.

THIS FEE MAY BE WAIVED AT OUR DISCRETION FOR FAMILY AND MEDICAL EMERGENCIES