

Bayside Vein and Laser Center

Dr. Roy A. Taylor

3104 Squalicum Parkway Suite 103

Bellingham WA, 98225

360-676-1225 or 360-733-5817

Pre-Surgical/Procedure Instructions

Patient: _____ Procedure: _____

Scheduled Date: _____ Arrival time: _____

Special Instructions:

1. Arrange with an adult relative or friend to drive you home and stay with you for 24 hours following discharge. Please have your escort speak to the nurse or doctor before the procedure begins.
2. If you take Coumadin (Warfarin), Plavix, Asprin, Aleve, Naprosyn, Ibuprophen(Advil/Motrin) and other similar medications, please ask your doctor if/when you should stop taking them prior to the procedure.
3. **DO NOT EAT FOR 8 HOURS BEFORE PROCEDURE, CLEAR LIQUIDS CAN BE CONSUMED UNTIL 4 HOURS BEFORE PROCEDURE.**
4. You may take your usual prescription medications, except medications for diabetes, with a sip of water the morning of the procedure. If you use an inhaler, even if only occasionally, please bring it with you.
5. Shower the night before and the morning of your procedure with antibacterial soap. **DO NOT USE CREAM OR LOTION ON YOUR LEGS.**
6. If you want to shave your legs and/or bikini area, you will need to do so at least 2 days prior to the procedure. **DO NOT SHAVE THE MORNING OF.**
7. Wear loose and comfortable fitting clothing.
8. Bring your compression hose with you on the date of your procedure. If you do not have compression stockings, they can be purchased here (we do not bill insurance for stockings) or if you think insurance may cover we can give you a prescription to Hoagland Pharmacy or Choices Home Health and they will bill insurance.
9. You will need to pick up your prescription for pain medication the day before the procedure and bring it with you.

This office goes to great lengths to pre-approve any procedure that is to be done, but it is the patients' responsibility to confirm authorization of the procedure, as well as surgical benefits, co-pays, deductibles, and any restrictions that may apply.

THERE WILL BE A \$100 CHARGE FOR RESCHEDULE OR CANCELLATION WITH LESS THAN 2 WEEKS NOTICE. THIS WILL NEED TO BE PAID BEFORE WE CAN RESCHEDULE.

THIS FEE MAY BE WAIVED AT OUR DISCRETION FOR FAMILY AND MEDICAL EMERGENCIES