

Should I Call Or Not ?

Normal Symptoms following EVLT or phlebectomy

Bruising — You may or may not notice bruising, especially in the upper thigh/groin area, following your procedure. This is normal.

Hard Lumps — You may or may not feel hard lumps in the areas which were treated. These are normal and will go away after time. If they are extremely tender to the touch then we may have you come in and see if we can help. Compression stocking use and taking it easy during your recovery greatly reduces chance of lumps and pain.

Pain — This is different for each person. Most patients are done with pain after about 2 weeks. Some people have no pain while others are sore for up to 6 weeks. Again, taking it easy during recovery and following your post-op instructions will reduce problems and excess pain.

Pulling Feeling — This can be a normal feeling after procedures. This is part of the healing process and may feel as if a string is pulled tight in your thigh area. We can discuss this at your follow-up appointment, but it is not usually anything to worry about.

Bleeding or clear fluid drainage — These can occur especially in your first day or two after the procedure. Bleeding from incisions is common with phlebectomies. We don't suture the incisions closed so they may bleed after you have been down and stand up or if you do too much activity. We use pads, wraps and stockings to put pressure on these sites to prevent bleeding, but if bleeding occurs just sit down, put your leg up and apply pressure. The bleeding will stop. If you feel you are bleeding excessively give us a call. You may also notice some clear fluid oozing from the legs. We have injected a lot of numbing fluid into the legs which may leak out. Clear fluid is ok.

Call Us If:

Infection — If your leg looks as if it is infected (pus, very tender and red, swollen, you are running a fever over 100F) then call us. We may need to see you.

Extreme Swelling — If your toes, ankles, and/or lower legs get extremely swollen and tender to the touch CALL US IMMEDIATELY ANY TIME OF DAY OR NIGHT.

Numbness — If you have numb feet, remove stockings and/or wraps and if this does not help give us a call day or night.

Shortness of breath - If you have shortness or breath or chest pain, call **911 IMMEDIATELY**.

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Office Hours: Mon.-Fri. 8:30 am – 5:00 pm
After hours, the office phone message will direct you
to reach an on-call physician.