

*Bayside Vein and Laser Center*

*Dr. Roy A. Taylor*

*4540 Cordata Parkway Suite 201*

*Bellingham, WA 98226*

*360-676-1225 or 360-733-5817*

Pre-Surgical/Procedure Instructions

Patient: \_\_\_\_\_ Procedure: \_\_\_\_\_

Scheduled Date: \_\_\_\_\_ Arrival time: \_\_\_\_\_

Special Instructions:

1. **Arrange with an adult relative or friend to drive you home** and someone at home with you or able to be reached to help you if needed for 24 hours
2. If you take Coumadin ( Warfarin ), Plavix, Asprin, Aleve, Naprosyn, Ibuprophen(Advil/Motrin) and other similar medications, please ask your doctor if/when you should stop taking them prior to the procedure.
3. **DO NOT EAT FOR 8 HOURS BEFORE PROCEDURE, CLEAR LIQUIDS CAN BE CONSUMED UNTIL 4 HOURS BEFORE PROCEDURE.**
4. You may take your usual prescription medications, except medications for diabetes, with a sip of water the morning of the procedure. **If you use an inhaler, even if only occasionally, please bring it with you.**
5. Shower the night before and the morning of your procedure. DO NOT USE CREAM OR LOTION ON YOUR LEGS.
6. If you want to shave your legs and/or bikini area, you will need to do so at least 2 days prior to the procedure. DO NOT SHAVE THE MORNING OF.
7. Wear loose and comfortable fitting clothing.
8. **Bring your thigh-high compression hose with you** on the date of your procedure. If you do not have thigh-high compression stockings, they can be purchased here. We do not bill insurance for stockings; if you think insurance may cover it, we can give you a prescription to Hoagland Pharmacy or Choices Home Health and they will bill your insurance.

This office goes to great lengths to pre-approve any procedure that is to be done, but it is the patient's responsibility to confirm authorization of the procedure, as well as surgical benefits, co-pays, deductibles, and any restrictions that may apply.

*THERE WILL BE A \$100 CHARGE FOR RESCHEDULE OR CANCELLATION WITH LESS THAN 2 WEEKS NOTICE. THIS WILL NEED TO BE PAID BEFORE WE CAN RESCHEDULE.*

*THIS FEE MAY BE WAIVED AT OUR DISCRETION FOR FAMILY AND MEDICAL EMERGENCIES*